

THE NATIONAL FOREST WALKING FESTIVAL



THE NATIONAL
FOREST

19TH-31ST MAY 2018

Walks for all ages and abilities to enjoy

Guided and themed walks

Beautiful places to explore

Places to stay from B&Bs to Forest Lodges



www.thenationalforestwalkingfestival.org.uk

ENGLAND'S "UNSUNG MIRACLE"

WELCOME TO THE NATIONAL FOREST WALKING FESTIVAL

We hope you will make the most of this year's 15-day festival to explore in and around the 200 square miles of the National Forest.

It's your chance to discover what Christopher Somerville, writing in *The Times*, recently called England's "unsung miracle". Walking part of the National Forest Way near Rosliston Forestry Centre, he said: "A green flood of trees is being released... dozens of small new woodlands, many linked to form wildlife corridors, offer a skein of footpaths beckoning to walkers."

So join us, follow the path and enjoy exploring the fascinating and varied landscape of the National Forest, in the company of helpful and knowledgeable walks leaders.

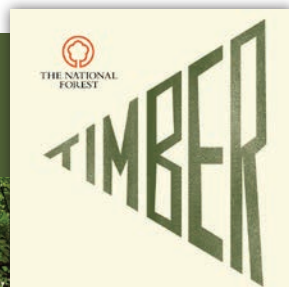


Photo credit: National Forest Company/Jacqui Rock

You can also discover more about the Forest at our new festival, *Timber*. Taking place from 6 – 8 July, it will be the only international forest festival in the UK.

Festival goers will experience the transformative impact of forests with artists, musicians, scientists and thinkers from across the world. Come and explore what woodlands can mean to us and how we can re-imagine our relationship with our environment.

Timber will celebrate how the National Forest has transformed this part of England, and will shine a spotlight on trees as a catalyst for change.



Activities at Timber will include:

Provocation: Writers, artists, poets, scientists, philosophers and educators will help us reimagine what woodlands and trees mean to us.

Sound: An ambitious adventure into sound and music, rooted in the forest. Venture into the woods to be immersed in compelling sound installations, storytelling, soundscapes and choirs will bring the woods to life through song.

Light: Torchlight processions, light projections, fire gardens, luminous installations, will help us see the forest in a new light.

Feast: A joyous exploration of food and drink, from farmers' market stalls to food trucks, foraging workshops to picnics and banquets.

Time: inspired by our very own National Forest Noon Columns created by international artist David Nash, we'll explore the atmosphere in the woods at twilight, midnight dusk and dawn to delight in the rhythms of the day.

Gather: We'll come together to celebrate and carouse in a world of arts, crafts and enterprise rooted in the forest, creating a vibrant living landscape.

Breathe: Relax and soak in the landscape all around, take time to revel in the beauty, solace and artistry of nature.

Early bird tickets are available now, and all Forest residents can purchase discounted tickets.

For more information and tickets visit timberfestival.org.uk



Melbourne Hall & Town



The Bull's Head



Marcos Restaurant, Kegworth

...AND
RELAX



The Apple Tree, Barton Marina

From farm-grown foods to traditionally brewed beers, the Forest is bursting with local flavours for you to enjoy after your walk.



Rosliston Forestry Centre



The Grey Lady, Newtown Linford



The Brickmakers Arms



Ashby Farmers Market

Why not turn your Walking Festival adventure into a relaxing mini break with a stay in one of our cosy village pubs, a friendly guesthouse, comfortable hotel or luxury timber lodge. There's a whole range of accommodation to choose from in the Forest.



Scaddows Farm



BWYLH ?



Bluebells Nest at Dandelion Hideaway, Osbaston

For more information on special offers and details of the many things to see and do, visit:

Swadlincote Tourist Information Centre, Sharpe's Pottery Museum, West Street, Swadlincote, Derbyshire DE11 9DG

Our friendly TIC staff will help you find and book the perfect accommodation for your visit and provide full details of attractions, events and eateries plus travel information.

Tel: 01283 222848 Email: tic@sharpepotterymuseum.org.uk or visit www.thenationalforestwalkingfestival.org.uk to download the 2017 Attractions Guide





A GUIDE TO THE WALKS

Most walks are free and do not need to be booked. Where there is a charge or booking is required, details are listed under each walk.

You may find the following information useful before attending a walk:

- Please wear suitable footwear and clothing (a waterproof preferably)
- Remember to bring any medication you may need
- It is advisable to always carry a drink
- You may need to bring a packed lunch (see individual walk key for more info)
- Walkers age 16 and under must be accompanied by an adult
- If dogs are allowed on a walk (see individual walk key for more info), they must be kept on a lead at all times
- All those taking part in a walk do so at their own risk
- Most walk leaders are volunteers
- Walks will start promptly

Please be advised walkers may be taking photographs on any of the festival walks, which may be used in future publicity.

Walks are graded for difficulty:

EASY Routes suitable for most levels of fitness. May be suitable for conventional wheelchairs and pushchairs (please see individual walk key for more information).

LEISURELY Routes for reasonably fit people. May include some unsurfaced rural paths.

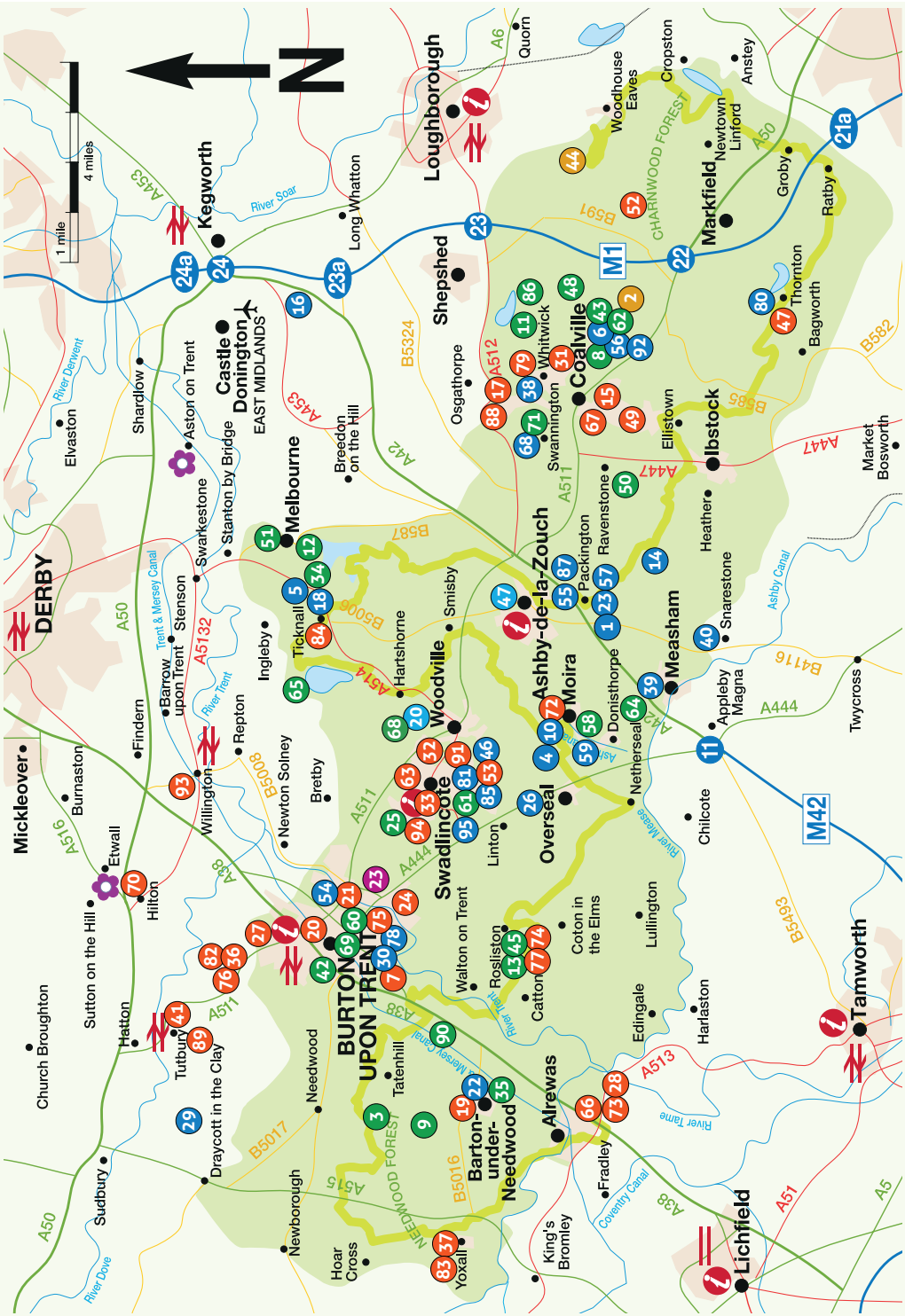
MODERATE Walks for people with a good level of fitness. May include some steep paths and open country and may be at a brisk pace.

STRENUOUS Walks for experienced country walkers with an above average level of fitness. May include hills, rough country and be at a brisk pace.

KEY

- | | |
|---|--|
|  Car park fee |  Pushchair access |
|  Entrance fee |  Bring packed lunch |
|  Wheelchair access |  Walking boots |
|  Dogs not allowed |  Dogs allowed on a lead |
|  Children welcome |  Toilets available en route |
|  Bring a torch | |
|  Compass | |

For more information please visit: www.thenationalforestwalkingfestival.org.uk or call Swadlincote Tourist Information Centre on 01283 222848



SATURDAY 19TH MAY

1 Achille Wood and Farm Walk

Start time 10am
Leisurely

2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington LE65 1WU (car park on site)

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the Antlers and Alpaca coffee and gift shop for refreshments.



2 Charnwood Forest from Copt Oak

Start time 10am
Strenuous

9 miles, 5 hours, 8 stiles

STARTING POINT Copt Oak Church, next to Copt Oak Pub LE67 9PJ (parking at church courtesy of church council. Entrance at side of pub). Grid ref: SK483129

Making use of public and permissive paths, this walk covers some of the best countryside that Charnwood has to offer. Magnificent views from the Beacon, Nanpantan, and Lubcloud. Includes a stop at Lubcloud Victorian Tea room for morning coffee. Children welcome if accompanied by a responsible adult.



3 Rangemore, Brankley and Dunstall Walk

Start time 10am
Moderate

8.5 miles, 6 hours, 14 stiles

STARTING POINT Rangemore Village Car Park opposite school DE13 9RW Grid Ref SK182 230 (car park on site)

This walk will follow the National Forest Way initially from Rangemore to Brankley Pastures Wildlife Reserve and then on through new woodland towards Yoxall. We will follow paths that take us back to the Dunstall estate enjoying views towards Lichfield. The walk then follows part of the Silver Circuit over hills towards Tatenhill with magnificent views of the Trent Valley. Our final part of the walk as we return to Rangemore gives views of Derbyshire and the Weaver Hills in the far distance.



4 The Heart of the National Forest - From Black to Green

Start time 1.30pm
Leisurely

4.75 miles, 2 hours, 3 stiles

STARTING POINT Conkers Waterside car park DE12 6BA (car park on site)

A circular walk following woodland rides and an ancient route, part of The National Forest Way. Points of interest include the hamlet of Boothorpe, the ruins of Norris Hill House and the vast space used by the former Rawdon colliery. Booking essential. Please call 01283 551211 or email blacktogreen@nationalforest.org



5 Veteran Trees of Calke

Start time 2pm

Leisurely

2 miles, 1.5 hours, 0 stiles

STARTING POINT Outside ticket office DE73 7LE. For Sat Nav use DE73 7JF (car park on site)

This walk will be an opportunity to view some of the amazing old trees in the park and to learn some of the history of the park land over the ages. It is also a chance to spot some of the other wildlife in the park including deer. Entrance fee £3.80 adult, £1.90 child (family £9.50). NT members free.

 to Calke park



6 Warren Hills Rocks Nordic Walk

Start time 2pm

Leisurely

3.25 miles, 1.5 hours, 0 stiles but narrow gate and narrow path for 75m

STARTING POINT Agar Nook Community Centre LE67 4TN (car park on site) £3 includes hire of Nordic poles

Perfect walk for the beginner Nordic walker. Come along and learn how to use these special poles to help you burn more calories and power you along. Led by a qualified Nordic walking instructor. Poles will be provided. Experience this beautiful walk along a volcanic ridge with wonderful views of Coalville, Mount Saint Bernard's and Nottinghamshire and see the highland cattle as well as other wildlife. Refreshments available after walk. Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).

 £



7 Drakelow's Hidden Secrets

Start time 2pm

Easy

2 miles, 1 hour, 0 stiles

STARTING POINT Drakelow Power Station, Gate C (car park on site), DE15 9UA

Come and view the secrets of this permit only nature reserve managed by Derbyshire Wildlife Trust. Drakelow is a unique wetland site with paths to wander around and bird hides to visit. Meet at Drakelow Power Station Gate C at 1:45pm for a 2pm start. Wear stout footwear and bring your binoculars. No toilets on site. No dogs please.





8 Bardon Hill Nordic Walk

Start time 5pm

Moderate

3.5 miles, 2 hours, 2 stiles

STARTING POINT Agar Nook Community Centre LE67 4TN (parking at community centre) £3 includes hire of Nordic poles

Perfect walk for the more experienced Nordic walker. Led by a qualified Nordic walking instructor. Poles will be provided. Experience this amazing walk up to the highest point in Leicestershire. Wonderful panoramic views to be seen throughout this woodland walk. Pub meal available afterwards. Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).

 £



SUNDAY 20TH MAY

9 Needwood Forest Walk

Start time 9.30am

Moderate

10 miles, 6 hours, 10+ stiles

STARTING POINT Rangemore Primary School DE13 9RE (on street parking)

The walk is in the former Needwood Forest. Most of the walk is through farmland, a patchwork of fields and woods. There is evidence of former industrial activity which is slowly being reclaimed by nature.





10 Canal, Coal, Clay & Bricks

Start time 10am **Leisurely**

5 miles, 2.5 hours, 8 stiles

STARTING POINT Moira Furnace DE12 6AT (car park on site)

Starting at Moira Furnace we will take the Ashby Canal towpath to Donisthorpe Woodlands, which was once the most productive coal pit in the UK. We will pass by the old station and brickworks to follow the former route of Ashby Canal to Oakthorpe pit, Willesley junction, continuing to Hicks Lodge and then take the Newfields Trail back to Moira. The route includes mainly good paths with some fields and possibly wet, rough areas.

Booking essential. Please call 01283 551211 or email blacktogreen@nationalforest.org



11 Blackbrook Reservoir Walk

Start time 10.00am **Moderate**

8 miles, 5 hours, a few stiles

STARTING POINT Mount St Bernard Abbey, Whitwick LE67 5UL (car park on site)

From the Abbey, downhill through woods to scenic Blackbrook Reservoir and on along a disused rail track with views of Fenny Windmill then returning over high ground to the Abbey. Bring packed lunch for a scenic spot.



12 Beating the Bounds of Calke Abbey Estate

Start time 10am **Moderate/Strenuous**

9 miles, 5.5 hours, 20 stiles

STARTING POINT Southern Staunton Harold Reservoir car park. Grid Ref: SK378220 (car park on site)

A tradition started in medieval times, Beating the Bounds, at Calke Abbey gives the opportunity to visit quieter areas of the estate. Woodland, field paths, country lanes and the route of the Ticknall tramway give a varied walk. Panoramic views over the Trent Valley.



13 Spires and Stiles

Start time 10.15am **Moderate**

9 miles, 5.5 hours, 10+ stiles

STARTING POINT Rosliston Forestry Centre outside The Hub Café DE12 8JX (car park on site, £3 per day)

A circular walk with a rural feel taking in many developing National Forest plantations, plus some Burton Conservation Volunteers projects to view along the way. Notable for the distinctive church spires and a visit to the furthest point from the sea in the British Isles.



14 Circuit of the Queen Elizabeth Diamond Jubilee Wood

Start time 10.30am **Leisurely**

4 miles, 2.5 hours, 3 stiles

STARTING POINT Woodland Trust Car Park on Heather Lane, 1/2 mile south east of LE67 2TJ (Woodland Trust car park by Cattoo's wind turbine)

A circuit of the main features of the newly planted Queen Elizabeth Diamond Jubilee Wood. Includes a lake, bird hide, art features and ancient woodland. Mainly on gravel and grass paths over rolling countryside.



15 A Trip Down The High Street – Coalville Shops of the 19th and 20th Centuries

Start time 2pm **Easy**

1 mile, 1.5 hours, 0 stiles

STARTING POINT London Road Car Park, Coalville (adjacent to the Council Offices) LE67 3JB (car park on site, free on Sundays)

Steve Duckworth (Chairman of the Coalville Heritage Society) will give a guided walk and talk of the lost shops of Coalville. Some of the buildings may still be there but the names and goods sold have changed. This tour will celebrate a lost time of 19th and early 20th century shopping. Booking essential. Please call 01530 833521 or email Coalville-heritage.info (Max. 10 places).



16 Diseworth Parish Church and its Setting

Start time 3pm

Leisurely

Less than 1 mile, 2 hours, 0 stiles

STARTING POINT Diseworth Parish Church DE74 2QE (on street parking)

Short, leisurely walk around the centre of Diseworth village looking at buildings of historical interest. Meet at Parish Church and progress to Diseworth Heritage Centre, where refreshments are provided if required. £3 per person for walk (to include trail) plus £1.50 for refreshments, if taken. Booking preferred. Please call 01332 811119 or email pguy51wxyz@yahoo.co.uk. (Max. 20 places).



17 History Walk to Gracedieu Priory

Start time 6pm

Easy

2 miles, 2 hours, 0 stiles

STARTING POINT Bull's Head, Thringstone LE67 8LT (car park on site) £3 per adult

Walk through part of Gracedieu Wood, under the Charnwood Forest Railway, along part of the Forest Line Canal and into the picturesque ruins of Gracedieu Priory, a 13th century nunnery. Learn about some of the area's long and varied history along the way.



MONDAY 21ST MAY

18 Calke Limeyards and Brickyards

Start time 10am

Leisurely

3 miles, 2 hours, 2 stiles

STARTING POINT Outside ticket office DE73 7LE. For Sat Nav use DE73 7JF (car park on site)

Discover Calke's industrial past with the National Trust Archaeologist Rachael Hall. The walk will take you on an exploration of Calke's limeyards and brickyards exploring how these industries were vital to both the local economy and that of the estate. Entrance fee £3.80 adult, £1.90 child, (family £9.50) to Calke park. NT members free.



19 Barton under Needwood Walk

Start time 10.15am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT St James Church Hall Car Park DE13 8HY (car park on site and on street)

Barton under Needwood is a large village in Staffordshire, a mile from the A38 between Burton upon Trent and Lichfield. Barton offers a wide variety of health walks that take in the sights of the village, local countryside and the large marina complex on the Trent & Mersey Canal, home to some 300 narrow boats and other facilities. After the walk the walkers enjoy refreshments at the local café.



20 Horninglow and Eton Walk

Start time 10.30am

Easy

2.5-3 miles, 1 hour, 0 stiles,

STARTING POINT Horninglow Road Basin, Horninglow Road DE14 2PT (Wyggeston Street on-street parking)

The Kingfisher Trail runs alongside the Trent & Mersey Canal through the Shobnall, Horninglow and Eton districts of Burton upon Trent. It is a habitat for wildlife with attractive views along the trail and across the hills. The walk is led by our trained volunteer leaders.



21 Meadowside Leisure Centre Walk

Start time 11.30am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Meadowside Leisure Centre Reception area DE14 1TL (car park on site, pay and display - take voucher part of ticket to reception to be reimbursed)

The Trent Washlands, as the name suggests lies on the flood plain of the River Trent, in the centre of Burton upon Trent. The route may vary due to the weather but still offers plenty to look at from the sculpture trail, Burton Mail Centenary Woodland and plenty more. After an enjoyable walk the group meet for lunch at Burton Library (optional).



22 Let's Go for a Walk

Start time 7pm

Leisurely

4 miles, 2 hours, 10 stiles

STARTING POINT In Barton Marina Grid Ref: SK198183 DE13 8AS (first car park on the right at Barton Marina)

A walk to Dunstall church with views over the Trent Valley.



TUESDAY 22ND MAY

23 Achille Wood and Farm Walk

Start time 10am

Leisurely

2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington LE65 1WU (car park on site)

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the Antlers and Alpaca coffee and gift shop for refreshments.



24 Stapenhill Gardens x3 Walks

Start time 10.30am

Easy x1/Leisurely x2

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Bandstand in Stapenhill Gardens, Main Street DE15 9AP (2 small car parks located near to Stapenhill Gardens)

Stapenhill offers three graded walks every week, including one easy and two leisurely, which are all led by trained volunteer walk leaders. There are many different routes to explore from Stapenhill Gardens, including Trent Washlands and Stapenhill Hollows. After the walk finishes the group meet up for refreshments at Stapenhill Institute.



25 Strolling Strong

Start time 10.30am

Moderate

2.5 miles, 1 hour, 0 stiles

STARTING POINT Newhall Park, next to small play area and car park (car park on site) £1.50

This exercise walk is ideal for busy mums and dads who want to improve their fitness without the hassle of trying to find a babysitter. The specifically designed exercise walk combines heart raising sections with a toning work out.



26 Dead Danes Bottom & Church Way

Start time 1.30pm

Leisurely

4 miles, 2 hours, 4 stiles

STARTING POINT St Matthew's Church, Overseal DE12 6LQ (on-street parking at start)

Walk through woodland, along field paths and visit Netherseal where Sir Nigel Gresley, the railway engineer is buried. Return along Church Way giving wide ranging views over the Heart of The National Forest.



27 Stretton Walk

Start time 2pm

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT The Green Car Park DE13 0EQ (small car park behind Springwood Vets)

Enjoyable walks next to the Trent & Mersey Canal or the Tutbury Jinny Trail, that was once part of the old railway line for Burton and Tutbury. The walks are led by our volunteer walk leaders. After the walk the group meet for refreshments at the Coffee Lounge, Stretton Precinct.



28 Birds and animals Memorial Discovery

Start time 2pm

Easy

2 miles, 2 hours, 0 stiles

STARTING POINT Heroes Square, the NMA DE13 7AR (car park on site, £3) £3 per person for guided walk.

We will visit memorials within the National Memorial Arboretum grounds that feature birds and animals. This will be a discovery walk. You will be surprised at the number and variety. Booking essential. Please call 01283 245100. (Max. 30 places).



29 A Crater, A Knight and a Pint

Start time 6.30pm

Leisurely

3 miles, 2 hours, 0 stiles

STARTING POINT The Cock Inn, Hanbury DE13 8TD (car park on site)

We will walk to the Fauld Crater, the site of a huge explosion during World War Two which killed 70 people. We will also visit Hanbury church, then relax at the local pub.



30 Stapenhill Evening Walk

Start time 6.45pm

Leisurely

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Stapenhill Hollows, Stapenhill Road DE15 9AF (small car park)

An enjoyable evening walk for anyone who is unable to join in the daytime programme, taking in the sights of Stapenhill Gardens, the Trent Washlands and Burton Mail Centenary Woodlands.



WEDNESDAY 23RD MAY

31 Gentle Health Walk

Start time 9.30am

Easy

1-2 miles, 45 minutes, 0 stiles

STARTING POINT Hermitage Leisure Centre, Whitwick LE67 5EU (car park on site)

A gentle Health Walk suitable for all abilities.



32 Access for All Trail

Start time 10am

Easy

1.25 miles, 1 hour, 0 stiles

STARTING POINT Swadlincote Woodlands Car Park DE11 8LP (car park on site)

A led, safe, easy access walk suitable for wheelchairs. Learn about the industrial heritage of the site. Booking essential. Please call 01283 228766 or email culturalservices@south-derbys.gov.uk (Max. 20 places).



33 Green Bank Walk

Start time 10.15am

Easy

2 miles, 1 hour, 0 stiles

STARTING POINT Green Bank Leisure Centre Café DE11 0AD (car park on site)

This beginner's walk is perfect if you are new to walking or want to get back into it after a break. The walk is led by trained walk leaders who will accompany you at a pace that suits you. The walk takes place on a weekly basis and always finishes with a hot drink at a local pub. The route is all on concrete or well surfaced paths.



34 Explore the Wider Calke Estate

Start time 10am **Moderate**

6 miles, 3 hours, 12 stiles

STARTING POINT Outside ticket office DE73 7LE For Sat Nav use DE73 7JF (car park on site)

This walk explores the wider estate of Calke. We will use the newly created "all access" path to reach Pistern Hills, where a short steep climb allows us to survey the entire Calke estate and countryside. Crossing farmland, we enter the ancient woodland of SouthWood with an opportunity to appreciate the variety of native trees and flowers. We will then return to Calke along the tramway. Entrance fee £3.80 adult, £1.90 child (family £9.50) to Calke park. NT members free.



35 Silver Circuit

Start time 10am **Moderate**

8 miles, 5 hours, 9 stiles

STARTING POINT Barton Marina Grid Ref: SK198812, car park between Waterfront pub and the lake at Barton Marina DE13 8AS

A walk created to mark 25 years since the first trees were planted in The National Forest. This circular walk passes through Needwood Forest and down into the Trent valley.



36 Rolleston on Dove

Start time 10.30am **Easy**

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Spread Eagle car park DE13 9BE (on street parking available across the road from the meeting point)

Walk through the picturesque village of Rolleston on Dove and take in the sights of the local wildlife in the nearby woodlands and countryside. The walks are led by our trained walk leaders and take approximately 45 to 60 minutes to complete. After the walk the group enjoy a hot drink in the local café (optional).



37 Yoxall

Start time 10.45am **Easy**

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Yoxall Health Centre, Savey Lane DE13 8PD (on street parking near to Health Centre)

Why not take part in the Yoxall walk and enjoy the sights of the beautiful local countryside around this small village. The walk is led by our trained walk leader and takes approximately 45 to 60 minutes to complete.



38 A Walk Around Whitwick

Start time 1.30pm **Leisurely**

2 miles, 1.5 hours, 0 stiles

STARTING POINT The Old Station, North Street, Whitwick LE67 5HA (on street parking at Church Lane, Whitwick)

A guided village walk which links significant historical sites in Whitwick and reveals fascinating stories. The route follows footpaths around the village centre. Please note: some of the route is hilly. The walk ends back at the Old Station with light refreshments (donations welcomed).



39 Measham and the Ashby Canal

Start time 2pm **Leisurely**

2.5 miles, 1.5 hours, 2 stiles

STARTING POINT Measham Library Car Park, High Street DE12 7HR

Walk around the old Ashby Canal route looking at evidence of the canal through Measham, and walk the route proposed to ultimately reconnect Measham to the national canal network.



Ashby Canal Trust

40 Ashby Canal and Footpaths around Snarestone

Start time 7pm

Leisurely

3 miles, 1.5 hour, 3 stiles

STARTING POINT Opposite The Globe public house, Snarestone DE12 7DB (on street parking opposite or near The Globe)

Walk around local footpaths, the old Ashby Canal route to Gilwiskaw Brook and the navigable restored canal to Snarestone.



Ashby Canal Trust

THURSDAY 24TH MAY

41 Tutbury Walk

Start time 10am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Car park across from the Leopard Pub, Monk Street DE13 9NA (car park on site or on street parking)

Tutbury is an interesting place to walk around - the village has plenty of history such as the Tutbury Castle, old buildings and the countryside on its door step. The walk is led by our trained walk leaders and afterwards the group meet for coffee at a local café on the High Street (optional).



42 4 Parishes

Start time 10am

Moderate

6 miles, 3.5 hours, 4 stiles

STARTING POINT Shobnall Leisure Centre top car park DE14 2BB (car park on site)

A circular walk with a chance to see some urban nature reserves (good and bad) with some stunning views over Burton and The National Forest, all close to the centre of town. You may be surprised at how much green space there is close to the centre of Burton.



43 Bardon Hill Nordic Walk

Start time 10am

Moderate

3.5 miles, 2 hours, 2 stiles

STARTING POINT Agar Nook Community Centre LE67 4TN (car park on site) £3, includes hire of Nordic poles.

Perfect walk for the more experienced Nordic walker. Led by a qualified Nordic walking instructor. Poles will be provided. Experience this amazing walk up to the highest point in Leicestershire. With wonderful panoramic views to be seen throughout this woodland walk. Refreshments available afterwards.

Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).



44 High Points in Charnwood Forest

Start time 10am

Strenuous

7 miles, 3.5 hours, 3 stiles

STARTING POINT Outwoods Car Park, Woodhouse Lane LE12 8TA (on-site car park map ref: SK514159, £1)

Ups (approx. 210m) and downs of The Outwoods, Buck Hill, Beacon Hill, Broomriggs and Windmill Hill, for those with walking experience in rough terrain.



Loughborough and District

45 Strolling Strong

Start time 10.30am

Moderate

2.5 miles, 1 hour, 0 stiles

STARTING POINT Burton Road, Rosliston Forestry Centre Foyer, DE12 8JX (on-site car park)

This exercise walk is ideal for busy mums and dads who want to improve their fitness without the hassle of trying to find a babysitter. The specifically designed exercise walk combines heart raising sections with a toning work out.



46 The Clay Legacy

Start time 1.30pm

Leisurely

3.75 miles, 2 hours, 0 stiles

STARTING POINT Albert Village car park Thornton Road, DE11 8HA (car park on site)

Little remains of the former clay industry but this walk visits sites that were important in the 19th and 20th centuries for the production of drainage pipes. Today the area is part of the developing National Forest. Terrain is woodland & field paths and a bridleway, with panoramic views west across South Derbyshire. Booking essential. Please call 01283 551211 or email blacktogreen@nationalforest.org (Max. 20 places).



47 Thornton Reservoir Nordic Walk

Start time 2pm

Easy

2.5 miles, 1 hour, 0 stiles

STARTING POINT Thornton Reservoir Car Park, Reservoir Road LE67 1AR (car park on site) £3 includes hire of Nordic poles.

Perfect walk for the beginner Nordic walker. Led by a qualified Nordic walking instructor. Poles will be provided. Experience a lovely circular walk around this reservoir on tarmac paths. Refreshments available afterwards nearby. Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).



48 An Evening Walk Around The Charnwood Hills

Start time 7pm

Moderate

5 miles, 2 hours, a few stiles

STARTING POINT The Bulls Head Pub, Greenhill, Coalville LE67 4UY (car park on site)

Starting from the highest pub in the county, taking in old farm land, woods, heathland, nature reserves and super views from rocky outcrops and then back to the pub for a pleasant social finish.



49 Hugglescote Evening Heritage Walk

Start time 7.30pm

Easy

Approx 2 miles, 1.5 hours, 0 stiles

STARTING POINT Hugglescote Community Centre, Grange Road, Hugglescote LE67 2BR (limited parking at Centre) £3 per person, pay on the night

A guided historical walk around the village, ending at the Community Centre for refreshments. This is an easy walk on public footpaths or pavement.



HUGGLESCOTE &
DONINGTON LE HEATH
HERITAGE SOCIETY

FRIDAY 25TH MAY

50 Queen Elizabeth Diamond Jubilee Wood, Sence Valley and Heather Circuit

Start time 10.30am

Moderate

9 miles, 5 hours, 10 stiles

STARTING POINT Woodland Trust Car Park on Heather Lane 1/2 mile South East of LE67 2TJ (car park on site, near Cattow's wind turbine)

Exploring lesser known parts of the 5 year old Queen Elizabeth Diamond Jubilee Wood, then along the National Forest Way to nearby Sence Valley to compare a similar project that is 15 years older, stopping for a picnic punch before returning via Heather.



51 The Melbourne 10K

Start time 11am

Moderate

6 miles, 3 hours, 6+ stiles

STARTING POINT Melbourne Assembly Rooms DE73 8GJ (parking on site, also street parking at Castle Street)

A mainly rural walk around the edge of the town of Melbourne almost exactly 10K in length. On pavements, footpaths and the Sustrans Trail. Rarely more than a mile from the town.



52 Stoneywell Revealed

Start time 1.30pm

Easy

Less than 1 mile, 1.5 hours, 0 stiles

STARTING POINT Stoneywell Car Park LE67 9QE (car park on site) Normal admission charges apply (option to tour cottage after the walk)

Let us reveal the wonderful history of the grounds that surround Stoneywell, Leicestershire's arts and crafts gem. The garden is a fascinating mix of careful planting and wild Charnwood heathland and sits adjacent to 11 acres of peaceful woodland. A shorter walk but full of facts about the Stoneywell grounds and the fascinating wildlife it supports. Booking essential. Please call 01530 248040 or email stoneywell@nationaltrust.org.uk



53 Oakland Village - Poets

Start time 2pm (registration 1:50pm)

Easy

2 miles, 1 hour, 0 stiles

STARTING POINT Oakland Village reception, Hall Farm Road DE11 8ND (on-street parking)

We will take Hall Farm Road, Wideshaft and Midway Road to zebra crossing then enter Poets estate through alley. As we pass through this estate the leader will stop and say something about each poet. Exit estate onto Midway Road. Return over zebra crossing to Oakland Village for optional drink (£1).



54 Riverside History Walk

Start time 6pm

Leisurely

2 miles, 2.5 hours, 0 stiles

STARTING POINT Meadowside Leisure Centre DE14 1TL (car park on-site)

A flat circular walk around the Burton Trent Washlands, walking through the Washlands to the Ferry Bridge Viaduct and St Peters Bridge. Crossing the Trent to Stapenhill Gardens, back along the Eastern bank to the old Burton Bridge, then return to the Meadowside. Lots of clues on the way showing the effect of the river on Burton's development.



55 Achille Wood and Farm Walk

Start time 7pm

Leisurely

2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington LE65 1WU (car park on site)

Take a leisurely stroll around the farm and woodland at night taking in Canadian Bison, Red Deer, Alpacas and many more. See if you can spot one of the many owls on the farm alongside other night creatures. Finish with a visit to the Antlers and Alpaca coffee and gift shop for a BBQ with bison or venison burgers.



For up to date Public Transport Information, please contact Traveline



www.traveline.info

0871 200 22 33

calls cost 12p per minute plus your phone company's access charge



SATURDAY 26TH MAY

56 Warren Hills Rocks Nordic Walk

Start time 9.30am

Leisurely

3.25 miles, 1.5 hours, 0 stiles (narrow gate & narrow path for 75m)

STARTING POINT Agor Nook Community Centre LE67 4TN (car park on site) £3 includes hire of Nordic poles

Perfect walk for the beginner Nordic walker. Come along and learn how to use these special poles to help you burn more calories and power you along. Led by a qualified Nordic walking instructor. Poles will be provided. Experience this beautiful walk along a volcanic ridge with wonderful views of Coalville, Mount Saint Bernard's and Nottinghamshire, and see the highland cattle as well as other wildlife. Refreshments available after walk. Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com. (Max. 24 places).

£



58 7 Woodlands in 7 Miles

Start time 10am

Moderate

7 miles, 4 hours, a few stiles

STARTING POINT Conkers Waterside, Rawdon Rd, Moira DE12 6GA (car park on site)

Walk through beautiful regenerated and natural woodland and nature reserves. Bring a snack to enjoy in lovely surroundings.



57 Achille Wood and Farm Walk

Start time 10am

Leisurely

2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington, LE65 1WU (car park on site)

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the Antlers and Alpaca coffee and gift shop for refreshments.



59 Nature's Great Comeback

Start time 10am

Leisurely

4 miles, 2 hours, 4 stiles

STARTING POINT YHA National Forest DE12 6BD (car park on site)

Starting at the YHA we will follow the route of the former Ashby canal to its terminus, continuing on to Swain's Park Railway junction, which was once a heavily industrialised area for clay and bricks. From there, onto the ancient Church Gresley Tunnel Woods, along Pit Lane with wonderful views across the Trent Valley and beyond before we circulate the new Gresley Woods. On the return we will pass the current clay works and come back to the YHA along the former Nuneaton to Burton railway line. Good paths with some rough and possibly wet areas.

Booking essential. Please call 01283 551211 or email blacktogreen@nationalforest.org



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Traveline**



www.traveline.info
0871 200 22 33
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plus your phone company's access charge

60 Washlands to Walton

Start time 10am **Moderate**

12 miles, 6.5 hours, 2 stiles

STARTING POINT Watson St car park (rear of Tesco) Burton on Trent DE14 3AH

A flat circular walk along the Trent to Walton Bridge, lunch at Barton Marina then return via the Trent & Mersey canal. Lots of Burton Conservation Volunteers Projects to view along the way, plus new and established nature reserves close to Burton.



62 Bardon Hill Nordic Walk

Start time 11.30am **Moderate**

3.5 miles, 2 hours, 2 stiles

STARTING POINT Agor Nook Community Centre LE67 4TN (car park on site) £3 includes hire of Nordic poles

Perfect walk for the more experienced Nordic walker. Led by a qualified Nordic walking instructor. Booking essential. Poles will be provided. Experience this amazing walk up to the highest point in Leicestershire. With wonderful panoramic views to be seen throughout this woodland walk. Refreshments available afterwards. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).



61 Circling Swadlincote

Start time 10.30am **Moderate**

9.5 miles, 5 hours, 7 stiles

STARTING POINT Sharpe's Pottery Museum, Swadlincote, DE11 9DG (Free car parking in town centre) Donation for the Magic Attic appreciated.

The environs of Swadlincote have changed beyond recognition over the last 30 years. On this walk using permissive paths and rights of way stories of these changes and events will be described. Mines, mills and murder!



63 Teddy Walk

Start time 2pm **Easy**

1 mile, 1 hour, 0 stiles

STARTING POINT Main gates to Eureka Park, just off Midland Road, Swadlincote (Swadlincote town car parks or on-street parking)

Your little ones will love this Teddy walk. Follow Bertie Bear on his adventures around Eureka Park at Swadlincote. This guided walk takes you through the park, whilst reading the story of Bertie Bear on his trail. There will also be the South Derbyshire District Council play van and equipment at this event.



OUTDOOR ACTIVITIES

You can try a range of outdoor activities throughout half term in South Derbyshire, including Orienteering, and activities delivered by our Play, Sports and Adventure Mobiles. Young explorers can also try out navigational challenges in our parks.



For more information go to
www.south-derbys.gov.uk



SUNDAY 27TH MAY

64 Railways, Canals and The National Forest

Start time 10am**Moderate**

11 miles, 6 hours, 10 stiles

STARTING POINT Saltersford Valley Picnic Area, Measham Road, Oakthorpe DE12 7RF (car park on site)

Explore the nature reserves and woodlands of The National Forest via old and new footpaths, disused railway lines and canal tow paths. Booking essential. Please call 01283 551211 or email Blacktogreen@nationalforest.org (Max. 20 places)



65 Reservoirs Walk

Start time 10am**Moderate**

10-11 miles, 5-5.5 hours, 20 stiles

STARTING POINT Foremark Reservoir Car Park Grid ref. SK335241 (car park on site or layby near car park entrance)

The walk links the two largest reservoirs in The National Forest, Staunton Harold and Foremark in Derbyshire. Undulating countryside, Calke Estate uplands, historic villages and National Forest woodlands with superb views across the Trent Valley.



66 Birds and Animals Memorial Discovery

Start time 2pm**Easy**

2 miles, 2 hours, 0 stiles

STARTING POINT Heroes Square, the NMA DE13 7AR (car park on site, £3 fee) £3 per person for guided walk

We will visit memorials within the National Memorial Arboretum grounds that feature birds and animals. This will be a discovery walk, you will be surprised at the number and variety. Booking essential. Please call 01283 245100. (Max. 30 places).



67 The Town I Knew. A guided reminiscence of what an area of Coalville was like in the 1950s

Start time 2pm**Easy**

1 mile, 1.5 hours, 0 stiles

STARTING POINT James Street car park, off Belvoir Road, Coalville LE67 3BW (car park on site, free on Sundays)

John Jacobs of the Coalville Heritage Society will take you back in time to the Coalville he remembers as a young man and will give a guided walk and talk about the places and people of Coalville 60 years ago. Booking essential. Please call 01530 833521 or email Coalville.heritage@gmail.com (Max. 10 places)



68 Ancient Coal Mines to New Woodland

Start time 2pm**Leisurely**

2 miles, 2 hours, 2 stiles

STARTING POINT Hough Mill, St George's Hill, Swannington LE67 8QW (car park on site) No charge, donations to the trust welcomed.

Walking on lanes, paths and grassy areas (with some gradients) we will pass the sites of Bell Pits, Gin Pits, Victorian Mining, 1940s Opencast Mining and Woodlands planted between 1993 and 2010. Also, the Mill will be open for viewing. Call 07474 610112 or email swanningtonwalks@gmail.com to book (Max 20 places).



**For up to date Public Transport Information, please contact
Traveline**

www.traveline.info**0871 200 22 33**calls cost 12p per minute
plus your phone company's access charge

MONDAY 28TH MAY

69 Woodlands and Washlands

Start time 10am

Moderate

3 miles, 3 hours, 2 stiles

STARTING POINT Watson Street car park, Burton on Trent DE14 3AH (car park on site)

A circular walk exploring the hidden 'countryside' close to the centre of Burton, with new and ancient woodlands and wonderful riverside walks.



70 Hilton Walk

Start time 10.30am

Easy

2.5 miles, 1 hour, 0 stiles

STARTING POINT Hilton Brook Pub, Egginton Road, Hilton DE65 5FG (car park on site)

Join us for this weekly Health Walk through Hilton. This one hour walk finishes back at the pub for a hot drink and a chat.



71 Jessop's Tramway and Coleorton Railway

Start time 10.30am

Moderate

6.5 miles, 4 hours, 25+ stiles

STARTING POINT Hough Mill, St George's Hill, Swannington LE67 8QW (car park on site) Donations to the trust welcomed.

On this walk we follow the line of Jessop's 1794 Tramway from the Swannington Coalfield to near Thringstone Wharf. We then continue along the Ivanhoe Way before heading to the New Lount Nature Reserve where we will break for a picnic lunch. Our route back then traces the horse drawn 1833 Coleorton Railway. The walk is mainly through fields (arable and livestock) and along quiet roads. Some sections may be muddy and overgrown. The historic Hough Mill will be open on our return. Call 07474 610112 or email swanningtonwalks@gmail.com to book (Max. 20 places)



72 Moira Heritage Walk

Start time 2pm

Easy

3 miles, 2 hours, 0 stiles

STARTING POINT Moira Furnace DE12 6AT (free car park on site) £2 per person, children free

A visit to the Moira Furnace to include coal mining, clay working, waterways and the social history of the people who lived and worked here. "Door boys, horse boys and butties". What did they do? Join us to find out. A tour of Moira Furnace free to all at the end of the walk.



73 National Memorial Arboretum Walk

Start time 2.30pm

Easy

2.5 miles, 1 hour, 0 stiles

STARTING POINT National Memorial Arboretum DE13 7AR (car park on site, £3 fee)

Come and enjoy this steady paced walk around the majestic National Memorial Arboretum. Trained walk leaders and volunteers from the NMA will take you on this interesting and scenic walk around the site. The walk takes place on level ground and firm footpaths and is ideal for those who may be new to exercise or returning to it after a break or illness. The group finish in the on site cafe for a hot drink and a chat (optional).



TUESDAY 29TH MAY

74 Rosliston Pushchair Walk

Start time 10.30am

Easy

2.5 miles, 1 hour, 0 stiles

STARTING POINT Meet outside The Hub café at Rosliston Forestry Centre DE12 8JX (car park on site, £1 per hour or £3 per day)

This walk is perfect for mums and dads who want to be more active but struggle to get to the gym due to childcare difficulties. It is also a great way to meet other parents in the same position. This led walk is on well surfaced paths which are ideal for pushchairs. It lasts approximately 1 hour so is a great way to burn off some calories whilst enjoying good company in a traffic free location. Afterwards you may choose to join the group for drinks, and/or food in The Hub café.



75 Stapenhill Gardens x3 Walks

Start time 10.30am

Easy x1/Leisurely x2

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Bandstand in Stapenhill Gardens, Main Street DE15 9AP (2 small car parks located near to Stapenhill Gardens)

Stapenhill offers three graded walks every week which includes one easy and two leisurely, all are led by trained volunteer walk leaders. There are many different routes to explore from Stapenhill Gardens, Trent Washlands and Stapenhill Hollows. After the walk finishes the group meet up for refreshments at Stapenhill Institute.



76 Stretton Walk

Start time 2pm

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT The Green Car Park DE13 0EQ (small car park behind Springwood Vets)

Enjoyable walks next to the Trent & Mersey Canal or the Tutbury Jinny Trail, that was once part of the old railway line for Burton and Tutbury. The walks are led by our volunteer walk leaders. After the walk the group meet for refreshments at the Monks Bridge pub.



77 Nature Detective's Walk

Start time 2pm

Easy

1 mile, 1.5 hours, 0 stiles

STARTING POINT Forest Classroom Rosliston Forestry Centre DE12 8JX (car park on site, £1 per hour or £3 per day) £2.50 per child (must be accompanied by an adult)

Join us for a guided walk and be a Rosliston nature detective! We will be looking for clues to tell us what lives on the site and what it needs to survive, whilst discovering many other interesting facts. Walk suitable for children aged 4 – 12 years.



78 Stapenhill Evening Walk

Start time 6.45pm

Leisurely

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Stapenhill Hollows, Stapenhill Road DE15 9AF (small car park)

An enjoyable evening walk for anyone who is unable to join in the daytime programme, taking in the sights including Stapenhill Gardens, the Trent Washlands and Burton Mail Centenary Woodlands.



WEDNESDAY 30TH MAY

79 Gentle Health Walk

Start time 9.30am

Easy

1-2 miles, 0.75 hours, 0 stiles

STARTING POINT Hermitage Leisure Centre, Whitwick LE67 5EU (car park on site)

A gentle Health Walk suitable for all abilities.



80 New and Old around Thornton

Start time 10am

Leisurely

5 miles, 3 hours, 12 stiles

STARTING POINT Thornton Reservoir Car Park Grid ref: SK470074 LE67 1AR (car park on site)

Starting from Thornton with its reservoir and fishing lodge, on this walk we will head towards Stanton under Barton via Bagworth Park. An interesting late Spring walk through areas of fields and The National Forest, which in the last century were dominated by quarry waste and coalfields. Pub lunch optional at end of walk. Children welcome if accompanied by a responsible adult.



81 Swadlincote Buggy Walk

Start time 10.30am

Leisurely

2.5 miles, 1 hour, 0 stiles

STARTING POINT Sharpe's Pottery Museum, in the play area to the rear of the café DE11 9DG (Rink Drive car park long stay)

This walk is perfect for mums and dads who want to be more active but struggle to get to the gym due to childcare difficulties. This led walk is on well surfaced paths that take you in and around the parks and woodlands of Swadlincote. Afterwards, why not join the group for drinks and/or food in Sharpe's Café.



82 Rolleston on Dove Walk

Start time 10.30am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Spread Eagle car park DE13 9BE (on street parking available across the road from the meeting point)

Walk through the picturesque village of Rolleston on Dove and take in the sights and local wildlife in the nearby woodlands and countryside. The walks are led by our trained walk leaders and take approximately 45 to 60 minutes to complete. After the walk the group enjoy a hot drink in the local café (optional).



83 Yoxall Walk

Start time 10.45am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Yoxall Health Centre DE13 8PD (on street parking near to Health Centre)

Why not take part in the Yoxall walk and enjoy the sights of the beautiful local countryside around this small village. The walk is led by our trained walk leader and takes approximately 45 to 60 minutes to complete.



84 Minibeast Safari at Calke Abbey

Start time 11am

Easy

1 mile, 1.25 hours, 0 stiles

STARTING POINT Outside ticket office DE73 7LE. For Sat Nav use DE73 7JF (car park on site)

Entrance fee £3.80 adult, £1.90 child, family £9.50 to Calke park, NT members free.



85 Gresleydale Surgery Health Walk

Start time 1pm

Leisurely

2.5 miles, 1 hour, 0 stiles

STARTING POINT Gresleydale Healthcare Centre, Church Gresley DE11 9JT (car park on site)

Discover the vast stretches of countryside and many public footpaths surrounding Church Gresley. This walk is led by trained walk leaders and is ideal for anyone who enjoys walking through beautiful countryside in good company. The group walk at a decent pace for approximately 1 hour and stop for refreshments afterwards (£1.50 donation requested for refreshments).



86 Ancient Rocks and Mount Saint Bernard Abbey

Start time 1.30pm

Moderate

2 miles, 1.5 hours, 4 stiles

STARTING POINT Mt. St. Bernard Abbey LE67 5UL (large, free car park on site)

Discover a quiet corner of Charnwood Forest with splendid views and natural beauty. Learn about Mt. St. Bernard Abbey, the first abbey to be built after the Reformation, and the nearby Reformatory. Walk amongst some of the oldest rocks in England, formed about 700 million years ago. Look into Peldar Tor Quarry, thought to be a Precambrian volcano. Please note: the route includes steep slopes and uneven tracks.



87 Achille Wood and Farm Walk

Start time 2pm

Leisurely

2 miles, 2 hours, 1-5 stiles

STARTING POINT Hill Farm, Spring Lane, Packington, LE65 1WU. Car park on site.

Take a leisurely stroll around the farm and woodland, taking in Canadian Bison, Red Deer, Alpacas and many more. Finish with a visit to the Antlers and Alpaca coffee and gift shop for refreshments.



88 History Walk to Gracedieu Priory

Start time 6pm

Easy

2 miles, 2 hours, 0 stiles

STARTING POINT Bull's Head, Thringstone LE67 8LT (car park on site) £3 per adult

Walk through part of Gracedieu Wood, under the Charnwood Forest Railway, along part of The Forest Line Canal and into the picturesque ruins of Gracedieu Priory, a 13th century nunnery. Learn about some of the area's long and varied history along the way.



THURSDAY 31ST MAY

89 Tutbury Walk

Start time 10am

Easy

2.5-3 miles, 1 hour, 0 stiles

STARTING POINT Car park across from the Leopard Pub, Monk Street DE13 9NA (car park on site or on street parking)

Tutbury is an interesting place to walk around - the village has plenty of history including Tutbury Castle and other old buildings, together with countryside on its door step. The walk is led by our trained walk leaders and afterwards the group meet for coffee at a local café on the High Street (optional).



90 Branston Water Park and Tatenhill

Start time 10am

Moderate

6 miles, 5 hours, 8 stiles

STARTING POINT Branston Water Park DE14 3HD (car park on site)

This circular walk enables walkers to enjoy the water park and the waterfowl. We will walk through the village of Dunstall, past Dunstall Hall and the lovely village church. Walking over the hills towards Tatenhill we can enjoy wonderful views of the Trent Valley. The 13th century church at Tatenhill has examples of medieval graffiti to investigate.



91 Dementia Walk

Start time 11am

Easy

2 miles, 1 hour, 0 stiles

STARTING POINT Oakland Village main reception, Hall Farm Road DE11 8LH (car park on site)

This Health Walk is set up for people suffering with Dementia and their carers. Enjoy this short walk through Swadlincote woodlands, followed by a hot drink in café (optional).



92 Warren Hills Rocks Nordic Walk

Start time 11am

Leisurely

3.25 miles, 1.5 hours, 0 stiles narrow gate and narrow path 75m

STARTING POINT Agar Nook Community Centre LE67 4TN (parking at community centre) £3 includes hire of Nordic poles.

Perfect walk for the beginner Nordic walker. Come along and learn how to use these special poles to help you burn more calories and power you along. Led by a qualified Nordic walking instructor. Poles will be provided. Experience this beautiful walk along a volcanic ridge with wonderful views of Coalville, Mount Saint Bernard's and Nottinghamshire, and see the highland cattle as well as other wildlife. Refreshments available after walk. Booking essential. Please call 07502 576764 or email ministryofnordicwalks@gmail.com (Max. 24 places).



93 Willington Walk

Start time 1.30pm

Easy

2.5 miles, 1 hour, 0 stiles some steps en route

STARTING POINT Canal/picnic area car park, The Green, Willington DE65 6BP (car park on site)

Come and enjoy a led Health Walk along the scenic canal at Willington and stop for a hot drink in the local pub afterwards. This is a steady paced walk along decent footpaths. Although there are no stiles, there are a few steps on route. This almost traffic free walk allows you to walk and chat whilst looking out for wildlife along the canal.



94 Newhall Walk

Start time 2pm

Easy

1 and/or 2.5 miles, 1 hour, 0 stiles

STARTING POINT Inside the Old Post Centre café, Newhall DE11 OHP (car park on site)

This walk offers two options. A short walk on surfaced paths, or a 2.5 mile walk across the vast amounts of beautiful countryside that surrounds Newhall. This Health Walk is led by trained walk leaders and is suitable for those who are looking to get back into exercise after a break, or those who are already active and enjoy country walks.



95 Swadlincote Restored

Start time 2pm

Leisurely

1 mile, 1.5 hours, 0 stiles

STARTING POINT Sharpe's Pottery Museum, West Street (car parks in town centre) £2 per person

Meet in the courtyard at Sharpe's to join us for this fascinating walk. Find out about the history of Swadlincote over the last 100 years and the impact of Swadlincote Townscape Heritage Scheme grants on the restoration of key buildings in the town centre. The walk will also include parts of Swadlincote's Heritage Trail.



PARTNERS

ASHBY CANAL TRUST

www.ashbycanaltrust.co.uk

BLACK TO GREEN

www.blacktogreen.org.uk

BURTON AND DISTRICT WILDLIFE GROUP

www.staffs-wildlife.org.uk

BURTON CONSERVATION VOLUNTEERS

www.bcv.org.uk

BURTON RAMBLING CLUB

www.burtonramblers.org.uk

COALVILLE AND DISTRICT RAMBLERS

www.coalvilleramblers.org.uk

COALVILLE HERITAGE SOCIETY

www.coalville-heritage.info

DERBY AND SOUTH DERBYSHIRE RAMBLERS

www.derbysramblers.org.uk

DISEWORTH HERITAGE TRUST

www.diseworthcentre.org

EAST STAFFORDSHIRE BOROUGH COUNCIL

www.eaststaffsbc.gov.uk

EAST STAFFORDSHIRE RAMBLERS

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FRIENDS OF GRACE DIEU PRIORY

www.gracedieupriory.org.uk

FRIENDS OF THE QUEEN ELIZABETH

JUBILEE WOODS

www.queenelizabethdiamondjubileewood.wordpress.com

GET ACTIVE IN THE FOREST

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HILL FARM, PACKINGTON

www.hillfarmpackington.co.uk

HUGGLESCOTE & DONINGTON-LE-HEATH HERITAGE SOCIETY

www.facebook.com/HADLHHS

LEICESTERSHIRE COUNTY COUNCIL

www.leicestershire.gov.uk

LOUGHBOROUGH AND DISTRICT RAMBLERS

www.loughborougramblers.org.uk

MELBOURNE FOOTPATHS GROUP

www.melbournefootpathsgroup.wordpress.com

MINISTRY OF NORDIC WALKS COMMUNITY GROUP

www.ministryofnw.weebly.com

MOIRA FURNACE MUSEUM TRUST

www.moirafurnace.org

NATIONAL MEMORIAL ARBORETUM

www.thenma.org.uk

NATIONAL TRUST

www.nationaltrust.org.uk/calke-abbey

NATIONAL TRUST

www.nationaltrust.org.uk/stoneywell

NORTH WEST LEICESTERSHIRE DISTRICT COUNCIL AND AGE UK

www.nwleics.gov.uk

www.ageukleics.org.uk

SOUTH DERBYSHIRE DISTRICT COUNCIL PARKLIFE OFFICER

culturalservices@south-derbys.gov.uk

SOUTH DERBYSHIRE

ENVIRONMENTAL EDUCATION PROJECT

www.roslistonforestrycentre.co.uk/home/education

SWANNINGTON HERITAGE TRUST

www.swannington-heritage.co.uk

TATENHILL & RANGEMORE PARISH COUNCIL

www.tandrpc.org.uk

THE MAGIC ATTIC

www.magicattic.org.uk

WHITWICK HISTORICAL GROUP

www.whitwickhistoricalgroup.org.uk



The National Forest Walking Festival



The National Forest Walking Festival
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A BIG THANK YOU to all our Walk Leaders. We are very lucky to have so many knowledgeable and enthusiastic rangers and volunteers as our guides, without whose time and effort to plan and lead walks the Festival would not be possible.



During the festival, walkers will be invited to complete an evaluation form at the end of each walk, and one completed form will be drawn out to win:

A £50 shopping voucher to spend in Millets The Outdoor Store

Visit Swadlincote Tourist Information Centre

to find the hidden gems within The National Forest

You will find us located within Sharpe's Pottery Museum,
West Street, Swadlincote, Derbyshire, DE11 9DG
Open Mon-Sat 10am-4.30pm

Swadlincote
Tourist Information Centre

Tel: 01283 222848

tic@sharpepotterymuseum.org.uk www.south-derbys.gov.uk/swadlincotetic

Swadlincote Tourist Information Centre @swadlincoteTIC



GETTING
HERE
IS EASY



The National Forest Walking Festival takes place in the very heart of England and is easily accessible by road, rail or bus.



By road:

For visitors travelling by car or coach, The National Forest is easily accessible from the M1, M6, M42/A42, A50, A511 and the A38

By rail:

There are 10 railway stations serving the area. National Rail Enquiries: 03457 48 49 50 (Charges apply) www.nationalrail.co.uk

By bus:

Information on bus and coach timetables is available from:
Traveline: 0871 200 22 33 (Charges apply) www.traveline.info
National Express: 08717 818181 (Charges apply) www.nationalexpress.com